Continuing Education Disclosures

Approval Statement: The University of Colorado College of Nursing is an approved provider of continuing education by the Western Multi-State Division, an accredited approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Arizona, Colorado, Idaho, Utah Nurses Associations are members of the Western Multi-State Division of the American Nurses Association.

CME Approval: Community Hospital is an approved category 1 CME provider. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) and the Council on Osteopathic Continuing Medical Education.

Criteria for successful completion:
- Please sign in and verify contact information and credit choice
- Attendance at 90% of activity required
- Completed evaluation

Conflicts of Interest: No individuals in a position to control content for this activity have any relevant financial relationships to declare.

Commercial Support: There is no commercial support being received for this educational activity.

Joint Provider: This activity is being jointly provided by the University of Colorado College of Nursing, Western Colorado Area Health Education Center (AHEC), HopeWest, and Community Hospital of Grand Junction Office of CME.
This conference has been made possible by the generosity of these Sponsors

- Colorado Mesa University
- Community Hospital
- COPIC
- Delta County Memorial Hospital
- Healthcare Specialties, Inc.
- Home Care of the Grand Valley
- HopeWest
- Juniper Family Medicine
- Montrose Memorial Hospital
- One Point Pharmacy
- Paragon Healthcare
- Phoenix Home Health Care
- Primary Care Partners
- Region X-Area Agency on Aging
- Region XI-Area Agency on Aging
- Rocky Mountain Health Plans
- Senior CommUnity Care PACE
- St. Mary’s Hospital Foundation
- Technical College of the Rockies
- Tri-County Health Network
- Volunteers of America
- WCAHEC
Learning Objectives

• Contrast the experience of advanced kidney and liver disease with that of advanced cancer

• Apply the phrase “Hope for the Best, Plan for the Worst” to manage patients and families with liver and kidney disease

• Identify a strategy for managing common coping styles that impede timely care planning
Case 1...

- 88 yo F with End Stage CHF
- Pulmonary HTN
- Chronic Kidney Disease baseline Cr 2
- H/O Renal Mass

- Meds
  - Furosemide 60mg IV 3 times per week +
  - Torsemide 20 mg PO daily
  - If weight gain, ↑ Torsemide to 40mg
Case 1...

- Unable to tolerate dobutamine
- Does not want to return to the hospital
- Other symptom issues
  - Nausea
  - Dyspnea
  - Neuropathic pain secondary to Diabetes
  - Chronic recurrent UTI
Case 1

- Cr increased to 2.2
- Miserable and fluid overloaded
  Furosemide 100mg IV qd and
  Zaroxolyn 10mg qd
This resulted in 20lb weight loss
Cr remained 2.2
Case 2

- 76 yo M with ESRD on hemodialysis
- Diabetes
- Gastroparesis causes N / V
- Hospitalized with sepsis related to aspiration
- Ascites
- Albumin 2.4
- Protein 5.7
Case 3...

- 31 yo M w Type 1 diabetes ESRD on hemodialysis
- Parents died when he was young, raised by his grandparents
- His grandmother recently died
  He does not “ get along with his grandfather ”
Case 3

- Numerous admissions for dyspnea secondary to volume overload
- Often skips dialysis sessions or cuts them short by an hour or two
- Even after full dialysis sessions, the patient is deconditioned and complains of dyspnea on exertion
Case 3

- Worsening baseline nausea
- Long history of gastroparesis
- Chronic back pain
- History of substance abuse
Gandhi... You need to be the change you want to see in the world...