The Spirit of Community
Profoundly Changing Lives

HopeWest
The spirit of community means being there for each other. We believe that when you are there for others, in time of need, someone will be there for you.
Our communities’ generosity has enabled HopeWest to provide the kind of care we want for our loved ones. For 25 years, our supporters have understood the importance of bringing dignity to the end of life and serving those who are grieving, aging or needing additional support.

Through community support, HopeWest has evolved from its humble beginnings to the highly compassionate and comprehensive nonprofit hospice and palliative care organization it is today.

As we look toward the future, we are building on what the community has helped create. Because after all, it’s the spirit of community that helps make our mission possible.

Extraordinary Leadership

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Our Philosophy

We believe that every person deserves specialized care.

The ability to speak with a nurse 24 hours a day who has specialized training in symptom management. Our nurses advise you right over the phone and, if needed, dispatch a member of the hospice care team to make a home visit in the middle of the night.

An experienced and credentialed counselor who will meet with your children at school and at home to help them cope with the serious illness or death of a loved one.

A homelike, family-centered, hospice care center where we help get symptoms under control for the patient, where staffing is one nurse to four patients and where our team remains committed to the comfort of the family.

Embracing patients & families with compassion, support AND expert medical care when you need it most.

A volunteer who becomes your best friend, when all of your golfing friends, church friends and card-playing friends are unable to come visit during your illness.

Grief support services open to anyone in the community coping with the death of a loved one, whether or not they are in hospice care.

Physicians specialized, experienced and credentialed in symptom management, who will visit you wherever you are, no matter the time.
IT’S OUR kind OF CARE THAT MAKES A difference.

How do we know? Because our community tells us.

“A very compassionate and caring group, dedicated to the comfort of their patients. I thank them all.”

“I could not ask for a better team to help me through my husband’s final journey, care, compassion, love and help. I am amazed by so much professional care.”

“Excellent care. My dad loved all of those who took care of him. He extremely enjoyed those visits by what he called his “purdy girls.” They went above and beyond to take care of my dad. A true blessing for all of us!”
HOSPICE CARE AT HOPEWEST
A unique hospice program in today’s world

“I wish my mom lived in western Colorado so she could receive hospice care from HopeWest.”

It’s comments like these that remind us how unique our hospice program is and that our kind of care is what families want for their loved ones.

We meet patients and families “where they are.” This means both at the stage of an illness and where patients prefer to receive care. If patients are not ready for hospice, we will find the program that best fits and we will care for patients in the place they call home.

We still believe in the traditional model of hospice – that the best care is provided by a team. At HopeWest patients and their families are not only cared for by a nurse, but also social workers, counselors, chaplains and volunteers to ensure the whole person and family is supported.

Volunteers are at the heart of HopeWest. Volunteers add another layer of compassionate care for our patients. Although we have 1,300 volunteers, we are always looking for others to join our volunteer family. Providing pet therapy, giving haircuts, baking birthday cakes and building ramps at patients’ homes are just some of the ways our volunteers supply loving support.

The HopeWest Hospice Care Center is designed for comfort. The Care Center was specially built to have a home-like feel where symptoms can be closely monitored 24 hours a day. The center is a relief for patients and families who ultimately want to avoid hospitalization.

Our board-certified specialists are a blessing to our patients and families. We have some of the nation’s best expert physicians who are board-certified in hospice and palliative care who provide medical care and oversight to our hospice program.

We are always there for you. Registered nurses answer calls of patients and families 24 hours a day. We make visits to assure patient comfort which is especially reassuring when clinics are closed.
Lori walked through our doors holding Shirley’s hand, her best friend of more than 25 years. Shirley was battling colon cancer and unsure of what was to come next, the two friends found comfort in the presence of the hospice staff at the HopeWest Hospice Care Center.

“The care was absolutely incredible,” said Lori. “From easing her intense pain to explaining the process we were about to endure; the staff was always there for us. This kind of life-changing care is what we want for our loved ones, friends, and community.”

For the next seven days Shirley received care at the Hospice Care Center. When Shirley passed, the nurses made her look like what Lori thought was a “princess.”

After saying her goodbye to her best friend, Lori heard a chime in the hall. As she entered the hallway she saw the staff bowing their heads paying respect to Shirley and honoring her life.

“I stood there absolutely amazed that the Hospice Care Center could turn a difficult experience into a profoundly meaningful one,” said Lori. “That is what makes the Hospice Care Center so special. The memories will live on forever in my heart.”

“This kind of life changing care is what we want for our loved ones, friends and the community.”
Before HopeWest’s Palliative Care and Support Programs, people who were ill were falling through cracks in the hospice system. There was a gap between those who qualified for hospice care because they were close to dying, and those with serious illness who needed a different level of care.

Palliative Care Programs at HopeWest are primarily funded by philanthropy. The programs focus on providing patients with relief from the symptoms and stress of an illness. Each year we improve quality of life for an average of 405 patients and families through these programs designed to meet your needs.

**Closing the gap with these Palliative Care & Support Programs:**

**Transitions:** Registered nurses provide palliative care management with the support of a care team that includes social workers, occupational therapists, chaplains and volunteers. The majority of patients in this program are admitted with a prognosis greater than six months with chronic disease and advanced illness.

**Living with Cancer:** This program focuses on survivorship. It is like Transitions, but it has a unique planning and evaluation partnership with three cancer centers as patients pursue aggressive curative therapies.

**Journeys:** This program serves patients who initially are enrolled in hospice but, after receiving care, no longer have a terminal prognosis of six months or less.

**Palliative Care Consults:** All palliative care patients qualify for consultations.
Eases the Burden for Both Patients and Families

“The peace of mind HopeWest gives me is huge,” said Mike. “The team helps me and my wife, my caregiver. I worry less because I know she can get answers and support from the team too.”

For Mike, the Living With Cancer program not only helps comfort his physical symptoms but also eases the burden and worry he has for his family.

Mike also credits his HopeWest team for the ability to get to know him on a personal level and help him work through the many emotions that couple his complex illness.

Through the ups and downs of his illness, Mike remains grateful for every day he is able to spend with his family. He says he will continue to “fight until there is no fight left” as long as he has the support of his wife, family and the HopeWest Living with Cancer program.

“I worry less because I know my wife can get answers and support from the team too.”
“I’ve been a nurse for 28 years. I’ve treated the dying and their families as well as notified many families of their loved one’s death. I even lost loved ones in my own family, but when my husband of 30 years died I crumbled.

HopeWest started to teach me about grief. My counselor, Catherine, explained that I could stuff my emotions away with no improvement and deal with it later, or I could start the work and begin to heal.

My husband and I had no kids so we were especially close. I had to start thinking about “myself” and not “us.” I had to think about what I like and what I wanted my new normal to be.

Everything was more difficult without my husband. The first time I went to a restaurant by myself was hard. I left crying before I even got a menu because everyone else was there with someone.

Catherine explained that when I could maintain my composure in public I might want to attend HopeWest support groups.

I remember thinking that I wasn’t really interested in hearing other people’s stories. I was having a hard-enough time with my own. But eventually, as time passed, I did...
HopeWest Grief Support offers an array of support groups to an average of 500 people who learn how to cope with grief and connect with others experiencing a similar loss.

Some of the groups include:

- Mending Hearts
- Art for the Grieving Heart
- Caregiver Connections
- Individual Counseling

Groups are a community service provided by HopeWest and most are free of charge.

I go to support groups and was I ever surprised!

I grew very slowly, a little each week, until one day I realized I was living my new life.

Since then, I’ve become a volunteer Victim Advocate for the police department. I go to the crime scenes and do crisis intervention. I help victims pick a mortuary, notify others that need to be called, and sometimes wait with them until family members arrive, giving them support as they start their own journey of grief.

I absolutely wouldn’t be sitting here today if it wasn’t for the help that Catherine and HopeWest gave me. I will never forget this gift. I feel stronger than I ever have.”

- Renee
With the support of HopeWest Kids, children and teens find their way on the path to healing by learning how to express or cope with their grief.

Because of the support of our community, this program helps children overcome difficulties in school, avoid destructive behavior, improve social skills and more.

This is done through family-centered grief groups, equine therapy, school grief groups, summer camps, art therapy and other opportunities offered through this program across the Western Slope.

At HopeWest you get to share your feelings in a safe place and just be yourself.

- Jensyn, HopeWest Kids Camper
Children and teens participate in equine therapy groups.

School grief groups are held during school hours at local elementary, middle and high schools.

Did You Know?

33% of HopeWest Kids participants have experienced the loss of a parent.

Every year more than 600 children and teens are helped by HopeWest Kids.

Children and teens participate in Itty Bitty Camp, Camp Good Grief or Teen Retreat.
Patient & Family Support  • Special Event Planning  • Heirlooms Store Support  
Haircuts  • Massage Therapy  • Administrative Assistance  • Music  • Floral Arrangement  • Acupuncture  • Gardening  • Pet Therapy  • Grief Support  
Equine Group Buddies  • Cake Baking  • Special Event Planning  • Equine Group Buddies  • Cake Baking  • Heirlooms Store Support  
Haircuts  • Massage Therapy  • Administrative Assistance  • Music  • Floral Arrangement  • Acupuncture  • Gardening  • Pet Therapy  • Grief Support
At HopeWest, we see the impact volunteers have on the lives of our patients, families and employees. As a nonprofit organization, where no one is ever turned away for care, we understand the importance of our volunteers.

Whether someone is interested in providing companionship for patients and families, assisting with grief support groups, helping with music and art projects, or greeting customers at Heirlooms, there is a volunteer position for every interest.

If you would like to become a volunteer, visit HopeWestCO.org for more information.
## Community Leadership

Every community is unique and we are honored to have dedicated advisory boards who provide vision and help guide our organization.

### Delta Advisory Board
- Jason Bell
- Melody Bell-Campton
- Jean Ceriani
- Jan Gage
- Vanessa Hoff
- Tom Huerkamp
- Diane Kissner
- William “Snub” Liles
- Arthur Mendez
- Liz Quinata
- Yvonne Rowland
- Robert “Rob” Sharon
- Teri Stephenson
- Margaret “Marge” Swain
- Jim Ventrello
- Kathy Welt, Chair

### Meeker Advisory Board
- Kent Borchard
- Ken Harman
- Fr. Scott Hollenbeck
- Margie Joy
- Stephanie Kobald
- Betty Lou Moyer
- Solveig Olson
- Bev Steinman

### Plateau Valley Advisory Board
- Tom Hillhouse
- Allison Nadel, Chair
- Joan Napolilli
- Merrilee Robertson
- Sue Schreier
- Barbara Seelye
- Steve Woody

### Montrose Advisory Board
- Trisha Bush
- Betty Degesie-LaRose
- Ellen Fetterolf
- Judy Ann Files
- Fletcher Flower
- Sue Frank
- Donna Granere
- Sandy Head

### Plateau Valley Advisory Board
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- Ann Anderson
- Suzanne Bellotti
- Julia Cox
- Tammy Himes
- Jennifer Littlejohn
- Chloe Marx
- Cherie Mitchie
- Karl Schmidt

### NextGen Board
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- Sara Carlisle
- Kimla Carsten
- Shiara Caubarreaux
- Jeremy Celayeta
- Steve Goede
- Stacey Hayward

- Sarah Keen
- Lonnie Knob
- Breanna Kramer, Chair
- Katie Mathis
- Ashley McCoy
- Amanda Potter
- Jennette Price

- Shannon Roehm
- Doug Simons, Jr.
- Cassie Tufly
- Rob Vavak
- Mandy Vindiola
- Evan Walton

**Building the Next Generation of Leaders**
**Delta**

Bob Tuttle, a Delta patient, made his famous “Bobitos” for staff and volunteers as a special way to thank HopeWest for the care and support he and his wife have received.

“It’s just my way of saying thanks,” said Bob, HopeWest patient. “Super, super people – they are there when you need them and they treat you like an individual with your input in decisions and I just can’t say enough good of you guys.”

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**Plateau Valley Area**

The annual Spring Swing event in Mesa is always a success thanks to our employees, volunteers and donors who make this event so memorable. Funds raised from this event support hospice and palliative care in Plateau Valley and DeBeque.
Grand Junction
Girl Scout Troop 13956 of Grand Junction donated 84 boxes of cookies to the HopeWest Hospice Care Center. The girls went room-to-room sharing conversation and boxes of cookies with patients and family while making stops to thank the nurses and staff caring for patients in the Care Center.

Meeker
Six high school teens completed orientation to become HopeWest volunteers spending their time as mentors for elementary kids through the “Cowboy Program.” The teen volunteers work under the direction of one of our Youth Counselors in Meeker, learning how to provide comfort and support to their younger peers.
Montrose

Plump-patterned bellies, shiny black eyes peering underneath hats, a finely-stitched vest embellished with buttons, these are some of the features Grace Russell, HopeWest Volunteer, gives her memory bears.

Beyond their cuddly appearance, these bears have a very special meaning to the families receiving them. The bears originate as old t-shirts or favorite blouses of HopeWest hospice patients. It’s Grace’s mission to give these articles of clothing new life, striving to make each bear as unique as the individuals the bears are made in memory of.

“I attach my experience to bears and it makes me feel really connected,” said Grace. “Before I start a bear, I try to picture the person and imagine what they were like. I always try to make them very special.”

Grace, a HopeWest Montrose Volunteer, poses with her hand-made memory bears.

Profoundly changing the way our communities experience aging, serious illness and grief – one family at a time.
Sip, Shop & Dine
TO SUPPORT HOPEWEST

Our unique retail outlets help support our mission through the generosity of the communities we serve.

Heirlooms for Hospice consists of three upscale resale stores where merchandise changes daily with the help of generous donations and volunteers. To support HopeWest through Heirlooms, you can donate, shop or volunteer.

Charmed by Heirlooms features Chalk Paint © by Annie Sloan, classes to help you transform your furniture or kitchen cabinets into your own masterpiece, as well as beautiful pieces that have been given new life by our talented volunteer artisans.
Spoons bistro & bakery uses only the freshest ingredients, many of which are locally sourced. A meal at Spoons is delicious, plus you can dine on our spacious patio and even enjoy a glass of wine from Two Rivers Winery.

Artful Cup is located in the historic Miller Homestead, built in 1889 and restored in 2007 with beautiful surrounding gardens. You can enjoy sipping on a fresh cup of coffee or tea while shopping some of the most unique gift items in town.
By The Numbers

Our generous community enables HopeWest to profoundly change the lives of patients and families in need of our care.

Annual Budget $38 million • Annual Funds Raised $2.5 million

Average Daily Census 600 • 1,300 Volunteers • 375 Employees

How Philanthropic Dollars are Spent

- Hospice Care: 58%
- HopeWest Kids: 18%
- Grief Support: 8%
- Palliative Care: 16%

Net Proceeds from Activities

- Events: 27%
- Grants: 10%
- Direct Mail: 4%
- Heirlooms for Hospice: 9%
- Legacy Gifts & Memorial Donations: 50%

A recent Leeds Economic Impact study showed HopeWest has an annual economic impact of $53 million in Mesa County.
YOU TOO CAN make a difference.

JOIN OUR caring COMMUNITY.

**Volunteering** is a meaningful way to give back to your community. There are volunteer opportunities for every interest – patient and family support, administrative assistance, special event planning, flower arranging, pet therapy and more.

**Circle of Hope** is our monthly giving club that helps us be there everyday for those facing life’s challenges. Join online and give a recurring gift.

**Memorial Gifts** are tributes honoring those who have touched your life, while ensuring HopeWest can continue to provide care to anyone in need. A donation of any amount in honor or memory of someone will be recognized in local newspapers.

**Events** support HopeWest community programs that have little or no reimbursement. There are many ways you can get involved – be a sponsor, join the committee, donate or purchase an auction item or attend the event.

**Legacy Gifts** provide long-lasting support for HopeWest while you can enjoy the financial benefits.

Learn more about these opportunities by visiting HopeWestCO.org or call (970) 241-2212.
HopeWest Locations

**Delta**
195 Stafford Lane
PO Box 24
Delta, CO 81416
(970) 874-6823

**Grand Junction**
Administrative Offices
HopeWest Hospice Care Center
3090 North 12th Street, Unit B
Grand Junction, CO 81506
(970) 241-2212

2754 Compass Drive, Suite 377
Grand Junction, CO 81506
(970) 241-2212

**Meeker**
575 3rd Street
Meeker, CO 81641
(970) 878-9383

**Montrose**
725 S. 4th Street
Montrose, CO 81401
(970) 240-7734

**Plateau Valley**
PO Box 294
Collbran, CO 81624
(970) 487-3844

HopeWestCO.org